

Curriculum Vitae

Dr. Joseph A. De Leo, Ph.D., C.Psych.
Clinical & Rehabilitation Psychologist

*Practicing Human
Client-Centered, Person-Focused, Evidence-Informed Psychotherapist
Certified in Psychedelic-Assisted Therapies & Research*

A. Date Curriculum Vitae is Prepared: July 2024

B. Biographical Information

Primary Office *Centre for Compassionate Care (C3)*
430 York Boulevard
Hamilton, Ontario
L8R 3K8
289-925-7792 (PSYC)
www.centre.care (local clinical scientist)
www.drdeleo.com (mental health professional)
www.josephdeleo.com (artist, bard & musician)

Secondary Office *Wisdom In Nature (WIN) – Clinical Consulting & Research Group*
150 Charlton Avenue East #2106
Hamilton, Ontario
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thecentrehamilton@gmail.com (C3/WIN)

1. EDUCATION

Degrees

2008 - 2013 **Ph.D.**, Clinical Psychology, Psychology Department, *University at Albany, State University of New York*, Albany, NY, USA.

Dissertation Title: "Investigating the main effects and interactions of induced mood and emotional urgency on self-report cannabis craving and consumption."

Dissertation Chair & Research Mentor: Mitch Earleywine, Ph.D.

2008 - 2011 **M.A.**, Clinical Psychology, Psychology Department, *University at Albany, State University of New York*, Albany, NY, USA.

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Masters Thesis Title: “Problematic Internet use in college students – An examination of the applicability of problem behavior theory.”

Thesis Advisor: Edelgard Wulfert, Ph.D.

2002 – 2006 **B.Sc., (Honours)**, Double Major: Psychology + Criminology; Minor: Philosophy.
University of Toronto – Woodsworth College, Toronto, Ontario, Canada.

Postgraduate, Research and Specialty Training

2020 – 2021 **Professional Student**, Certificate Program in Psychedelic-Assisted Therapies and Research. *California Institute of Integral Studies*. San Francisco, CA, USA.

2014 – 2015 **Post-Doctoral Research Associate**, *Bio-Behavioral Research on Addiction and Emotion (BRANE) Laboratory*, Department of Psychology and Neuroscience, *University of North Carolina (UNC) at Chapel Hill*, Chapel Hill, NC, USA, Supervisor: Stacey Daughters, Ph.D.

Post-Doctoral Research Project: “Smartphone Enhanced Behavioral Activation Treatment for Substance Use (LETS TECH).”

2013 – 2014 **Research Associate**, Stress, Health, and Addictions Research Program (SHARP) Laboratory, Department of Psychology and Neuroscience, *University of North Carolina (UNC) at Chapel Hill*, Chapel Hill, NC, USA, Supervisor: Stacey Daughters, Ph.D.

Project Coordinator: “Life Enhancement Treatment for Substance Use – A behavioral activation-based approach for individuals with substance use disorder in inpatient settings” (LETS ACT Modular, *Wakebrook Recovery Center*, Raleigh, NC, USA).

2012 – 2013 **Pre-Doctoral Internship in Psychology**, The Charleston Consortium Psychology Internship Training Program, *Medical University of South Carolina (MUSC) & Ralph H. Johnson VA Medical Center Charleston (VAMC)*, SC, USA.

Clinical Supervisors (MUSC): Joshua Smith, Ph.D., Viktoriya Magid, Ph.D., Wendy Balliet, Ph.D., Sharlene Wedin, Ph.D., Joshua Smith, Ph.D., Patrick O’Neil, Ph.D.; *Supervisors (VAMC):* James Harbin, Ph.D. & Kathryn Bottanari, Ph.D.

Research Preceptor: Elizabeth Santa Ana, Ph.D. “A brief behavioral telehealth intervention for Veterans with alcohol misuse problems in VA primary care (BIAM-PC).”

Qualifications, Certifications and Licenses

2020 – Current **Licensed Psychologist**, *New York State Education Department (NYSED)*
New York, USA. License #: 023988-01

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- 2016 – Current **Psychologist**, *College of Psychologists of Ontario (CPO)*
Toronto, Ontario, Canada. License #: 5996
Registered Clinical & Rehabilitation Psychologist (Adults)
- 2021 Certificate in Psychedelic-Assisted Therapies and Research (CPTR), *California Institute of Integral Studies (CIIS)*
- 2021 Multidisciplinary Association for Psychedelic Studies (MAPS) MDMA Therapy Training Program, *California Institute of Integral Studies (CIIS)*
- 2015 Trauma-Informed Care: Principles and Implementation, *St. Joseph's Healthcare Hamilton, Presenter: Sylvia Atdjian, M.D.*
- 2015 Mindfulness-Based Relapse Prevention (MBRP) Training and Workshop, *Trainer: Sarah Bowen, Ph.D.*
- 2015 Dialectical Behaviour Therapy (DBT) Core Training #1 & 2, *St. Joseph's Healthcare Hamilton, Trainers: Shari Manning, Ph.D. & Annie McCall, M.A.*
- 2015 Motivational Interviewing (MI) Training, *St. Joseph's Healthcare Hamilton, Trainer: Brad Laforme, M.S.W., R.S.W.*

2. EMPLOYMENT

Current Appointments

- 2020 – Current **Founder & Clinical Director**, Centre for Compassionate Care (C3), *Mental Health & Addictions Community-Based Clinic*, Hamilton, Ontario, Canada.
- 2019 – Current **Founder & Lead Consultant**, Wisdom In Nature (WIN) Consulting, *Clinical Therapeutics Consulting Group*, Hamilton, Ontario, Canada.
- 2015 – Current **Founder & Collaborator**, Dandelion Innovations, *Innovation Incubator*, Hamilton, Ontario, Canada.

Previous Appointments

HOSPITAL

- 2018 – 2021 **Lead Psychologist**, Altum Health, *University Health Network*, Toronto, Ontario, Canada. MSK, Chronic/Functional Pain, Concussion, Mental Health Programming
- 2017 – 2020 **Sessional Lecturer & Thesis Advisor**, Department of Psychology, *University of Guelph Humber*, Toronto, Ontario, Canada.

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2016 – 2018 **Consultant Psychologist**, Assessment, Treatment and Psychological-Legal Services, *Kaplan and Levitt Psychologist*, Hamilton, Ontario, Canada. *Clinical Supervisors*: Drs. Ronald Kaplan, Faith Kaplan, and Brian Levitt

2015 – 2016 **Psychologist (Supervised Practice)**, Concurrent Disorders Program, *St. Joseph's Healthcare Hamilton*, Hamilton, Ontario, Canada.

UNIVERSITY

2022 – 2023 **Sessional Lecturer**, Microprogram in Psychedelics and Spirituality Studies, *University of Ottawa*, Ottawa, Ontario, Canada.

2015 – 2018 **Assistant Clinical Professor** (status), Department of Psychiatry and Behavioural Neurosciences, *McMaster University*, Hamilton, Ontario, Canada.

NON PROFIT

2022 – 2024 **Principal Trainer & Training Committee Member**, TheraPsil – Therapeutic Psilocybin, *Patient Advocacy*, Canada.

2022 – 2024 **Clinical Advisor Board Member**, Heroic Heart Canada, *Clinical Advisory Group*, Canada.

BUSINESS

2019 – 2020 **Lead Psychologist & Director of Clinical Therapy**, *Field Trip Health*, Toronto, Ontario, Canada.

RESEARCH

2015 – 2018 **Research Affiliate**, Peter Boris Centre for Addictions Research, *McMaster University and St. Joseph's Healthcare Hamilton*, Hamilton, Ontario, Canada.

2007 **Research Analyst**, Public Health and Regulatory Policy, Social Prevention and Health Policy Research, *Centre for Addiction and Mental Health (CAMH)*, Toronto, Ontario, Canada. *Research supervisors*: Benedikt Fischer, Ph.D. & Jürgen Rhem, Ph.D.

2007 **Research Analyst**, Smoking Treatment for Ontario Patients (S.T.O.P Study), Nicotine Dependence Clinic, *Centre for Addiction and Mental Health (CAMH)*, Toronto, Ontario, Canada. *Research supervisor*: Peter Selby, M.D. & Rosa Dragonetti, M.Sc.

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2006 **Research Analyst**, Youth Addictions Service, Addictions Program – Clinical Research Department, *Centre for Addiction and Mental Health (CAMH)*, Toronto, Ontario, Canada. *Research supervisor*: Peter Selby, M.D. & Lisa Vettese, Ph.D.

3. HONOURS AND CAREER AWARDS

Distinctions and Research Awards

Received

2020 Hamilton Spectator Reader's Choice Award Platinum Award for Mental Health Consultation

2013 MUSC Psychology Internship Paper Competition 1st Place Award, *Medical University of South Carolina (MUSC)*, Charleston, SC, USA.

"Feasibility and Acceptability of a Brief Behavioural Telehealth Intervention for Veterans with Alcohol Misuse Problems in VA Primary Care (BIAM-PC). Research Preceptor: Elizabeth J. Santa Ana, Ph.D.

2010 Graduate Student Organization Travel Grant, Psychology Department, *University at Albany, State University of New York*, Albany, NY, USA.

2009 Graduate Research Initiative Award, Psychology Department, *University at Albany, State University of New York*, Albany, NY, USA.

2002 – 2006 Antonio Dionisio Local 183 Scholarship Trust Fund. *LiUNA Local 183 Union*, Toronto, Ontario, Canada. Total Amount: \$8,000

2002 & 2003 Queen Elizabeth II / Aiming for the Top Tuition Scholarship. Total Amount: \$5,000

Nominated

2007 CAMH Outstanding Research Employee (C.O.R.E.) Award, *Centre for Addiction and Mental Health (CAMH)*, Toronto, Ontario, Canada.

Student/Trainee Awards

2011 Excellency in Undergraduate Research – Supervised Student: Fiona Moyer, Psychology Department, *University at Albany, State University of New York*, Albany, NY, USA.

2009 Presidential Award for Research – Supervised Student: Erin Duffy, Psychology Department, *University at Albany, State University of New York*, Albany, NY, USA.

4. PROFESSIONAL AFFILIATIONS AND ACTIVITIES

Professional Associations

- **Member**, Canadian Psychological Association (CPA), #12870
- **Member**, Ontario Psychological Association (OPA), #20141402
- **Member**, Society of Clinical Psychology - Division 12 of the American Psychological Association (APA)
- **Member**, Psychedelic Association of Canada (formerly Canadian Psychedelic Association)
- **Student Member**, Association for Psychological Science (APS), #91250 (past member)
- **Student Member**, Association for Behavioral and Cognitive Therapies (ABCT); Special Interest Group – Technology and Behavior Change, #5753 (past member)

Peer Review Activities

GRANT REVIEWS

- 2012 Association for Psychological Science – Student Caucus (APSSC) – Student Research Award
- 2012 Association for Psychological Science – Student Caucus (APSSC) – RISE Research Award
- 2011 Eastern Psychological Association of Graduate Students (EPAGS)

MANUSCRIPT REVIEWS

- 2008 – 2012 Addiction Research and Theory
Journal of Gambling Studies
Europe's Journal of Psychology

Other Research and Professional Activities

RESEARCH PROJECT

- 2014 – 2015 **Post-Doctoral Research Associate.** Smartphone Enhanced Life Enhancement Treatment for Substance Use Disorders (LETS ACT-SE). Biobehavioral Research on Addiction and Emotion (BRANE) Laboratory, Department of Psychology and Neuroscience, *University of North Carolina (UNC) at Chapel Hill*, Chapel Hill, NC, USA, *Supervisor:* Stacey Daughters, Ph.D.

C. Publications

1. MOST SIGNIFICANT PUBLICATION

1. **De Leo, J. & Wulfert, E. (2013).** Problematic Internet Use and Other Risky Behaviors in College Students: An Application of Problem-Behavior Theory. *Psychology of Addictive Behaviors*, 27(1), 133 – 141. Impact Factor: 2.543 (2016).

2. PEER-REVIEWED PUBLICATIONS

Journal Articles

2. Oliva, Low, Altman, **De Leo** & Earleywine (2024). Client Treatment Preferences in Psychedelic-Assisted Therapy for Depression in Participants with Depressive Symptoms. *Journal of Psychedelic Studies*.
3. Earleywine & Gomez (In Press). Is Personal Experience Essential for Effective Psychedelic Therapists?: The Challenges of Small, Accumulating Therapist Effects. *Psychedelic Medicine*. **Acknowledgements section (biases declared)**.
4. Katrina, S., **De Leo**, J., et al. (2024). Ketamine-assisted psychotherapy provides lasting and effective results in the treatment of depression, anxiety, and post-traumatic stress disorder at 3 and 6 months: Findings from a large single-arm retrospective effectiveness trial. *Psychedelic Medicine*.
5. Earleywine, M., **De Leo**, J., & Banks, R. (2024). An Examination of Internal Family Systems (IFS) for Trauma with Implications for Ethical Psychedelic-Assisted Treatment. *Journal of Psychedelic Studies*.
6. Earleywine, M., **De Leo**, J., Bhayana, D., Rajanna, B., & Scott, K. (2024). Psilocybin without psychotherapy: a cart without a horse? *American Journal of Psychiatry*, 181(1), 78 – 79.
7. Earleywine, M., Mian, M., & **De Leo**, J. (2023). Expectancies for Subjective and Antidepressant Effects in Psilocybin Users. *Journal of Humanistic Psychology*, online only.
8. Earleywine, M., Altman, B., & **De Leo**, J. (2023). How Important is a Guide Who has Taken Psilocybin in Psilocybin-Assisted Therapy for Depression? *Journal of Psychoactive Drugs*, 1 – 11.
9. Herrmann, Z., Earleywine, M., **De Leo**, J., Slabaugh, S., Kenny, T., & Rush, J.A. (2022). Scoping Review of Experiential Measures from Psychedelic Research & Clinical Trials. *Journal of Psychoactive Drugs*, 1 – 17.
10. Earleywine, M., Low, F., Lau, C., & **De Leo**, J. (2022). Integration in Psychedelic-Assisted Treatments: Recurring Themes in Current Providers' Definitions, Challenges, and Concerns. *Journal of Humanistic Studies*, 1 – 18.
11. Earleywine, M., Mian, M.N., Altman, B., & **De Leo**, J. (2022). Expectancies for Cannabis-Induced Emotional Breakthrough, Mystical Experiences and Changes in Dysfunctional Attitudes: Perceptions of the Potential for Cannabis-Assisted Psychotherapy for Depression. *Cannabis*.

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12. Altman, B.R., Earleywine, M., & **De Leo**, J. (2022). Exploring the Credibility of Psilocybin-Assisted Therapy and Cognitive-Behavioral Therapy for Depression. *Journal of Psychoactive Drugs*, 1(5), 1-9.
13. Earleywine, M., Low, F., & **De Leo**, J. (2022). A Semantic Scale Network analysis of the revised Mystical Experiences Questionnaire: A call for collaboration. *Journal of Psychedelic Studies*.
14. Garb & Earleywine (2022). Mystical experiences without mystical experiences: An argument for mystical fictionalism in psychedelics. *Journal of Psychedelic Studies*, 6(1), 48 – 53. **Acknowledgements section (biases declared)**.
15. Earleywine, M., Altman, B., & **De Leo**, J.(2021). Cognitive behavioral therapy, ketamine, and combination treatment for depression. Impressions of credibility in participants with depressive symptoms. *Journal of Psychoactive Drugs*, 4(20), 1-11.
16. Earleywine, M. & **De Leo**, J. (2020). Psychedelic-Assisted Psychotherapy for Depression: How dire is the need? How could we do it? *Journal of Psychedelic Studies*, 4(2), 88 – 92.
17. Vincent, P., Collins, L., Liu, L., Yu, J., **De Leo**, J., Earleywine, E. (2017). The effects of perceived quality on behavioural economic demand for marijuana: A Web-based experiment. *Drug and Alcohol Dependence*, 170, 174 – 180.
18. Raymond, H., Amlung, M., **De Leo**, J. A., Hashmani, T., Younger, J., & MacKillop, J. (2016). Adaptation of an acute psychiatric unit to a concurrent disorders unit to increase capacity and improve patient care. *Canadian Journal on Addictions*, 7(3).
19. Hobkirk, A., **De Leo** et al. (2015). Psychometric Validation of the BDI-II Among HIV-Positive CHARTER study participants. *Psychological Assessment*, 27(2), 457.
20. Loflin, M., Earleywine, M., **De Leo**, J., & Hobkirk, A. (2014). Subtypes of Attention Deficit Hyperactivity Disorder (ADHD) and cannabis use. *American Journal of Drug and Alcohol Abuse*, 49(4), 427 – 434.
21. **De Leo**, J. A, Van Dam, N. T., Hobkirk, A. & Earleywine, M. (2011). Examining bias in the Impulsive Sensation Seeking (ImpSS) Scale using Differential Item Functioning (DIF) – An item response analysis. *Personality and Individual Differences*, 50(5), 570 – 576.
22. Fischer, B., **De Leo**, J. A., Allard, C., Firestone-Cruz, Patra, J., & Rehm, J. (2009). Exploring drug sourcing among regular prescription opioid users in Canada: Data from Toronto and Victoria. *Canadian Journal of Criminology and Criminal Justice*, 51(1), 55-72.

Abstracts

23. Chen, Y., **De Leo**, J., Matalenas, L., McLaughlin, A., Petruzella, A., Jones, E., & Daughters, S. (2017). Smartphone enhanced behavioural activation treatment for substance use and depression. *Drug and Alcohol Dependence*, e40.
24. Earleywine, M., Bolles, J. R., & **De Leo**, J. (2010). Addiction Collected: How Many Bad Apples Spoil the Bunch? – A Review of The Praeger International Collection on Addictions. *PsycCritiques*, 55(18).

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Books & Book Chapters (Written & Produced)

25. *Diabolical Statistical Manual (DSM) On Non-Existence (ONE) – Psychedelic Conversations with AI (Series: Book III)*. Produced by Joseph **De Leo**, PhD. (2024). Available on [Amazon.ca](#) / [Amazon.com](#).
26. *A Book of Little Ideas – Psychedelic Conversations with AI (Series: Book II)*. Produced by Joseph **De Leo**, PhD. (2023). Available on [Amazon.ca](#) / [Amazon.com](#).
27. *An Ineffable Alphabet of “Never-Felt” Emotions – Psychedelic Conversations with AI (Series: Book I)*. Produced by Joseph **De Leo**, PhD. (2023). Available on [Amazon.ca](#) / [Amazon.com](#).
28. **De Leo**, J. & Earleywine, M. (2013). Life, Drugs, and the Making of Meaning. In Hicks, J. & Routledge, C., *The Experience of Meaning in Life: Classical perspectives, emerging themes, and controversies*, pp.393 – 403.

3. NON-PEER-REVIEWED PUBLICATIONS

Other Publications

29. **De Leo**, J.A. & Earleywine, M. (2015). Evaluating the effectiveness of a text-based online mood induction procedure adapted for use in an English-speaking web-based sample. *Research Gate*.

D. Presentations and Special Lectures

1. INTERNATIONAL

Invited Lectures and Presentations

- | | |
|------|--|
| 2024 | Presenter. Psychedelics Assisting Psychotherapists: How might “WE” all benefit?. <i>University of Vermont, Counselling Program, Psychedelic Therapy Class.</i> De Leo , J. |
| 2020 | Panelist. Combining CBT and Interventional Psychiatry: Opportunities in Treatment Resistant Depression. Symposium conducted at the <i>Anxiety and Depression Association of America (ADAA) Conference (Virtual)</i> . Hershenberg, R., Schmid, S., De Raedt, R., Price, R., & De Leo , J. |
| 2014 | Presenter. Gender specific relationship between adolescent distress tolerance and cortisol response to stress. In P. Pedrelli (Chair) symposium conducted at the 3 rd International Congress on Alcoholism and Stress, Volterra, Italy. Daughters, S.B., De Leo , J.A., & Gorka, S.M. |
| 2014 | Co-Chair. Multimodal Technology-Enhanced Treatments for Substance Use. Symposium accepted for presentation at the <i>48th Annual Convention of the Association for Behavioral and Cognitive Therapies</i> , Philadelphia, PA, USA. De Leo , J.A., & Daughters, S.B. |
| 2013 | Presenter: “Treating the Unreal as Real” – Conceptual issues in the diagnosis and treatment of residual drug effects. <i>Clinical Case Conference, Medical University of South Carolina</i> , Charleston, SC, USA. De Leo , J. |

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- 2013 **Presenter:** Investigating the feasibility and acceptability of a brief behavioral telehealth intervention for veterans with alcohol misuse problems in VA primary care (BIAM-PC). *Research Presentation, Medical University of South Carolina, Charleston, SC, USA. De Leo, J.*
- 2011 **Presenter:** Comorbid Mood Disorders and Post Traumatic Stress Disorder in Vietnam Veterans: A Case Examination. *Clinical Case Conference, Stratton VA Medical Center (BHC), Albany, NY, USA. De Leo, J.*
- 2010 **Presenter:** Adjustment Disorder or Post Traumatic Stress Disorder? Treating Returning OIF/OEF Veterans. *Clinical Case Conference, Stratton VA Medical Center (BHC), Albany, NY, USA. De Leo, J.*
- 2010 **Presenter:** The Treatment of Post-Traumatic Stress Disorder in Sexual Trauma Victims: A Case Examination. *Clinical Case Conference, Psychological Services Center (PSC), Albany, NY, USA. De Leo, J.*
- 2009 **Presenter:** Internet Gambling: Understanding the Issues and Related Risks. *Colloquium, University at Albany, State University of New York (SUNY), Albany, NY, USA. De Leo, J.*

Media & Internet Appearances

- 2020 Psychedelics and Mental Health Series (Part 2) – A Clinicians Guide to Psychedelic-Assisted Psychotherapy. *Field Trip Health. Online. De Leo, J., Pillai, S., & Kezemidis, M.*
- 2020 Integrative Ketamine-Enhanced Psychedelic Psychotherapy. *Multidisciplinary Association for Psychedelic Studies (MAPS Canada – Journal Club) Online. – De Leo, J., Tyler, M. Online.*
- 2020 Psychedelic Therapy – From Coping to Healing. *Field Trip Health. Online. De Leo, J., Verbora, M., & Carcillo, D.*
- 2020 Psychedelics and Mental Health Series (Part 1) – A Physicians Guide to Psychedelic Medicine. *Field Trip Health. Online. Verbora, M., & De Leo, J.*
- 2020 The Future of Mental Health Care & Treatment. *Hoame. Online. De Leo, J., Arcuri, E., Sharma, S.*
- 2020 Trends in Health and Technology. *TechTO. Online. De Leo, J., Zohoor, A., Omrani, M.*
- 2009 Fox Focus: Hooked on the Net. Fox23 News Albany, Aired on Live TV: Nov. 10, 2009.

Other Presentations

- 2014 The neural correlates of distress tolerance in cocaine users. *1st Collaborative Perspectives on Addiction (CPA) Conference, American Psychological Association Division 28/50, Atlanta, GA, USA. De Leo, J. Ryan, J., Chen, Y., Ross, T., Stein, E., & Daughters, S.*

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- 2014 Integrated Care for Individuals with Comorbid Mental Health and Addiction: Initial Outcomes from a Comprehensive Concurrent Disorders Program. *American Psychological Association (APA), NIDA/NIAAA/APA Early Career Investigator Poster Session (Divisions 28 & 50)*. **De Leo**, J.A., Hogan, J., Olarte-Godoy, J., Raymond, H., & MacKillop, J.
- 2013 Assessing the feasibility and acceptability of a brief behavioral intervention for veterans with alcohol misuse problems. *47th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, Nashville, TN, USA. **De Leo**, J.A., Lamb, K., LaRowe, S., Santa Ana, E.
- 2013 Comparing clinical profiles of prescription opioid dependent individuals with and without comorbid mood and anxiety disorders. *47th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, Nashville, TN, USA. **De Leo**, J.A, Gros, D.F., Back, S.E., Milanak, M.E., Brady, K.T.
- 2013 Comparing self-report mood-related symptomology and addiction severity in a sample of prescription opioid dependent and non-dependent individuals. *47th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, Nashville, TN, USA. **De Leo**, J.A, Back, S.E.
- 2013 A brief behavioral telehealth intervention for veterans with alcohol misuse problems in VA primary care (BIAM-PC). *The College on Problem of Drug Dependence (CPDD)*. San Diego, CA, USA. **De Leo**, J.A., LaRowe, S., Lamb, K., Santa Ana, E.
- 2012 An Analysis of the Gambling Self-Efficacy Questionnaire. *46th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, National Harbor, MD, USA. Glanton, C.F., **De Leo**, J.A., Wulfert, E., Wemm, S., Broussard, J.
- 2012 The Applicability of the Theory of Planned Behavior to Addictive Behaviors. *46th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, National Harbor, MD, USA. Glanton, C.F., **De Leo**, J., Wulfert, E., Wemm, S., Broussard, J.
- 2012 Comparing CBT and Cognitive- Motivational Behavior Therapy for the Treatment of Pathological Gambling. *46th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, National Harbor, MD, USA. Broussard, J., Wulfert, E., Glanton, C.F., Wemm, S., **De Leo**, J.
- 2012 The Role of Mood in the Relationship Between Gambling and Risky Decision Making. *46th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, National Harbor, MD, USA., Wemm, S., Moyer, F., **De Leo**, J., Glanton, C.F., Broussard, J., Wulfert, E.
- 2011 Perceived sleep quality and problematic Internet use. *33rd Annual Meeting and Scientific Sessions of Society of Behavioral Medicine (SBM)*, New Orleans, LA, USA. **De Leo**, J., Hobkirk, A., Wulfert, E.

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- 2011 Gender differences in mental health and health-related behaviors as predictors of sexual function. *33rd Annual Meeting and Scientific Sessions of Society of Behavioral Medicine (SBM)*, New Orleans, LA, USA. Hobkirk, A., **De Leo**, J., Starosta, A., Hwang, V., Earleywine, M.
- 2011 Profile of Mood States and Problem Internet Use – Examining the relation between affect and online social networking use. *45th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT): Technology and Behavior Change (SIG)*, Toronto, Canada. **De Leo**, J., Hobkirk, A., Wulfert, E.
- 2011 Family Environment and Personality as Predictors of Alcohol Consumption. *45th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, Toronto, Canada. Glanton, C., **De Leo**, J., Seifert, C., Broussard, J., Wulfert, E.
- 2011 Support is an important factor when considering the benefits of Emotional Expression for women with Multiple Sclerosis. *45th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, Toronto, Canada. Hobkirk, A., **De Leo**, J., Hwang, V., Rivers, A., Persons, E., Danoff-Burg, S.
- 2011 The Relationship between Beliefs and Behaviors on a Computerized Gambling Task. *45th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, Toronto, Canada. Broussard, J., Glanton, C., Wulfert, E., Seifert, C., **De Leo**, J.
- 2011 Stress and Problematic Internet Use Among Undergraduates. *32nd Annual Meeting and Scientific Sessions of Society of Behavioral Medicine (SBM)*, Washington D.C. Hobkirk, A., **De Leo**, J., Wulfert, E., Danoff-Burg, S.
- 2010 An examination of Problematic Internet Use and Other Risky Behaviors in a Sample of College Students – A Problem Behavior Model. *44th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, San Francisco, CA, USA. **De Leo**, J. & Wulfert, E.
- 2010 Content analysis of a chronic illness Facebook Community. *31st Annual Meeting and Scientific Sessions of Society of Behavioral Medicine (SBM)*, Seattle, WA. Hobkirk, A., **De Leo**, J., Hwang, V., Danoff-Burg, S.
- 2009 An Examination of the Self-Control Strength Model as Its Application to Gambling Behaviors. *43rd Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, New York City, NY, USA. **De Leo**, J., Jardin, B., Seifert, C., Duffy, E., Wulfert, E.
- 2009 Gender Differences in Heart Rate during Simulated Gambling. *43rd Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, New York City, NY, USA. Seifert, C., Wulfert, E., Jardin, B., **De Leo**, J. & Carroll, M.
- 2009 The Relationship of Impulsivity and Venturesomeness to Gambling, Smoking, Alcohol and Marijuana Use in College Students. *43rd Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, New York City, NY. Seifert, C., Jardin, B., **De Leo**, J. & Wulfert, E.

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- 2009 Predicting Treatment Retention in Pathological Gamblers. *43rd Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT)*, New York City, NY. Jardin, B., Wulfert, E., Seifert, C., & **De Leo, J.**
- 2007 Smoking, Mental Health and Substance Use Problems Among Youth Entering Outpatient Substance Use Treatment. *13th Annual Conference of the Society for Research on Nicotine and Tobacco (SRNT)*, Austin, TX, USA. Vettese, L., Li, W., Toneatto, T., Selby, P., Wekerle, C., **De Leo, J.**
- 2007 Youth Smoking, Mental Health, and Other Addictions: Findings from the Canadian Community Health Survey. *13th Annual Conference of the Society for Research on Nicotine and Tobacco (SRNT)*, Austin, TX, USA. Vettese, L., Dedunupitiya, C., Li, W., Lecce, J., Amendola, L., Tam, C., **De Leo, J.**

3. PROVINCIAL/ REGIONAL

Invited Lectures and Presentations

- 2021 *A Mind in Search of Compassionate Care*. Presented at *Mapping the Mind – Psychedelic Science Conference 2021*. Toronto, ON. **De Leo, J.**, Bhayana, D., & Banks, R. Hosted by Joseph Satin Levin.
- 2021 *Integrative Psychedelic-Assisted Psychotherapies and Research at the Centre for Compassionate Care (C3)*. Presented at the Psychedelic Round Table hosted by The Tech Society. Toronto, ON.
- 2016 Adaptation of an acute psychiatric unit to a concurrent disorders unit to increase capacity and improve patient care. Presented at *4th Annual Implementing Evidence-Based Practice in Mental Health & Addictions Conference, Waypoint Research Institute*, Penetanguishene, ON. Raymond, H., Amlung, M., **De Leo, J.**, Hashmani, T., Saini, P., Younger, J., & MacKillop, J.

4. LOCAL & INTERNATIONAL

Invited Lectures and Presentations

- 2021 WSIB First Responder Early Intervention Pilot Program Presentation. *Altum Health*. **De Leo, J.**, Kirkpatrick, J., Boddener, S. and Colleagues.
- 2020 Goal Attainment Scaling (GAS-UP) @ Altum Health – A tool for collaborative goal setting within rehabilitation and mental health services. *Altum Health*. **De Leo, J.**, Kirkpatrick, J., & Leitch, S.
- 2020 Mind the Workplace – A Mental Health Primer. *Earls Kitchen + Bar Restaurants*. Online **De Leo, J.**
- 2018 Virtual Reality and Technology in Psychology Careers. *University of Guelph-Humber Psych Society*, **De Leo, J.**

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- 2018 Trauma-Informed Care. *Altum Health*, Cross-Site Mental Health Rounds, *University Health Network*, Hamilton, ON. **De Leo**, J.
- 2016 Transdiagnostic Treatment Approaches for Emotional Disorders. *Clinical Research Presentation*, *Kaplan & Levitt Psychologists*, Hamilton, ON. **De Leo**, J.
- 2016 Technology-Enhanced Approaches – Expanding your clinical tool box (PARTS I & II). *Clinical Research Presentation*, *Kaplan & Levitt Psychologists*, Hamilton, ON. **De Leo**, J.
- 2007 Assessing the Efficacy of Varenicline as Treatment for Smoking Cessation – Smoking Treatment for Ontario Patients (S.T.O.P.). *Conference Presentation at the Centre for Addiction and Mental Health (CAMH)*, Toronto, Canada. **De Leo**, J.

E. Teaching and Design

1. INNOVATIONS AND DEVELOPMENT IN TEACHING AND EDUCATION

- 2022 **Lead Trainer**, TheraPsil – Therapeutic Psilocybin. *An Introduction to Psychedelic-Assisted Psychotherapy and Application of Therapeutic Psilocybin for End-of-Life and other Mental Health Conditions*.
- 2022 **Co-Instructor**, Graduate, Department of Religious Studies, University of Ottawa. Course Instructor: SRS510 – *An Interdisciplinary Survey of Psychedelic Studies*.
- 2021 **Co-Developer**, Advancement of Medicine in Psychotherapy (AMP) Program – Integrative Ketamine Enhanced Psychotherapy (IKEP) Core + Advanced Training & Pilot Project. *Wisdom In Nature*. **De Leo**, J., Bhayana, D., Banks, R.
- 2021 **Co-Developer**, WSIB First Responder Early Intervention Pilot Program. *Altum Health*. **De Leo**, J., Kirkpatrick, J., Boddener, S. & Colleagues.
- 2020 **Co-Developer**, Goal Attainment Scaling (GAS-UP) – A tool for collaborative goal setting within rehabilitation and mental health services in consultation with the Ontario Psychological Association (OPA) and Workplace Insurance and Safety Board (WSIB).
- 2019 **Co-Developer**, Mindfulness-Based Interventions for Injured Workers (MBI-IW) with Dr. Rachel Wayne at Altum Health.
- 2019 **Co-Developer**, Integrative Ketamine-Enhanced Psychotherapy (iKEP) for Refractory Mental Health Conditions (i.e., treatment-resistant depression and other trauma and stressor-related disorders) with Dr. Mitch Earleywine.
- 2018 **Sessional Lecturer**, Undergraduate, Department of Psychology, University of Guelph-Humber. Course Instructor: PSYC*3140 – *Abnormal Psychology: An Integrative Approach*

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- 2017 **Sessional Lecturer**, Undergraduate, Department of Psychology, University of Guelph-Humber. Course Instructor: PSYC*3140 – *Abnormal Psychology: An Integrative Approach*
- 2017 **Sessional Lecturer**, Undergraduate, Department of Psychology, University of Guelph-Humber. Course Instructor: PSYC*3140 – Course Instructor: PSYC*4110 – *History of Modern Psychology*
- 2014 **Contributor**, Life Enhancement Treatment for Substance Use Disorders (LETS ACT) – Modular Approach (1 Session, Rolling), Department of Psychology, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA. Codeveloped modular treatment approach for inpatient psychiatry at Wakebrook Recovery Center, Raleigh, NC, USA.
- 2012 **Course Instructor**, Undergraduate, Department of Psychology, University at Albany, State University of New York. Course Instructor: PSYC*3140 – Course Instructor: APSY210 – *Statistics for Psychological Research*
- 2011 **Course Instructor**, Undergraduate, Department of Psychology, University at Albany, State University of New York. Course Instructor: APSY385 – *Evolutionary Psychology: The Adaptive Mind*
- 2010 **Course Instructor**, Undergraduate, Department of Psychology, University at Albany, State University of New York. Course Instructor: APSY380 – *Psychology of Learning and Behavior*
- 2009 **Discussion Section Head**, Undergraduate, Department of Psychology, University at Albany, State University of New York. Course Instructor: APSY101 – *Introduction to Psychology*

F. Clinical and Research Supervision

1. CLINICAL SUPERVISION

- 2022 – 2023 **Clinical Supervisor** at Center for Compassionate Care (C3) Practicum
Matthew William, Registered Psychotherapist (qualifying), Yorkville University
- 2022 – 2023 **Clinical Supervisor** at TheraPsil
Melanie Dignam, Registered Psychotherapist
Nahid Refaee, Registered Psychotherapist
Bonney Elliot, Registered Psychotherapist
- 2020 – 2021 **Clinical Supervisor** at Altum Health
W. Jason Stotts, M.A., Registered Psychotherapist
- 2020 **Clinical Supervisor** at Field Trip Health
Sabina Pillai, M.A., Registered Psychotherapist
Martha Kezemidis, B.A., Registered Psychotherapist, Certified Hypnotherapist
Tatiana Santorini, Ketamine Assisted Therapist

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- 2020 **Alternate Supervisor**, Matthew Pickard, Ph.D., College of Psychologists of Ontario (CPO). Setting: Altum Health | University Health Network. Primary Supervisor: Dr. Andrea Linett
- 2018 – 2019 **Primary Supervisor**, Dr. Samantha Longman Mills, College of Psychologists of Ontario (CPO). Setting: Altum Health | University Health Network. Alternate Supervisor: Dr. Cathy Chilly

2. GRADUATE EDUCATION

- 2013 – 2015 **Co-supervisor**, Yun Chen, Research Assistant and Graduate Student, Department of Psychology, *University of North Carolina (UNC) at Chapel Hill*, Chapel Hill, NC, USA. Co-supervisor: Stacey Daughters, Ph.D.
- Project: LETS ACT Modular, *Wakebrook Recovery Center*, Raleigh, NC, USA

3. UNDERGRADUATE EDUCATION

- 2019 – 2020 **Thesis Advisor**, Sara Mancuso, University of Guelph-Humber, Department of Psychology. Title: *“The Good and the Bad of Concept Creep – Psychological reactions to perceptions of “trauma” in a sample of College-aged emerging adults”*. Thesis Instructor: Adam Sandford, Ph.D., OCT

G. Holistic Experiences

1. INTERESTS, HOBBIES, & PRACTICES

- 2014 – Always **Ordained Minister**, Universal Life Church (ULC), Wedding Officiant & Ceremonial Practitioner. **Rev. Dr. Joseph A. De Leo.**
- 2013 – Always **Student of Martial Arts & Mindfulness Meditation**
- *Brazilian Ju Jitsu @ The Grappling Garden*, Hamilton, Ontario, Canada, (Coach Andre Grandbois, Coach McKenzie Arner)
 - *Applied Wing Chun*, Carborro, North Carolina, USA (Lineage: Sihing Mangum; Sifu Widmar; Sigung Duncan Leung; GM Ip Man)
 - *UFA Ving Tsung*, Hamilton, Ontario, Canada (Lineage: Sifu Asiatic; Master Cliff Au Yeung; Sigung Wong Shun Leung; GM Ip Man)
 - *Master’s Studio of Defense Shaolin Kempo*, James Island, SC, USA (Master Reggie Westbrook)
- 1990 – Always **Aspiring Musician & Producer**, *Instruments*: Piano/Keys, Guitar, Bass, Drums, Erhu, Guzheng, Taiko (student of Kiyoshi Nagata, University of Toronto), ODD Ball™.

Inter alia...